

[PDF] Feel This Book: An Essential Guide To Self-Empowerment, Spiritual Supremacy, And Sexual Satisfaction

Ben Stiller, Janeane Garofalo - pdf download free book



Books Details:

Title: Feel This Book: An Essential
Author: Ben Stiller, Janeane Garofalo
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Description:

A warning to readers: though Ben Stiller (*Flirting with Disaster*) and Janeane Garofalo (*The Truth About Cats and Dogs*) used to be a couple, do not confuse their advice book with . This is more of a cross between James Thurber and E.B. White's satirical *Is Sex Necessary?* and .

The ex-couple give us alternating chapters of remarkably rambling, extravagantly ironic, showbiz-insider's philosophical musings, but they do discuss their actual relationship, just to let you know where they stand--right on your funny bone, exerting maximum pressure until you beg for mercy. After their breakup, writes Garofalo, "We agreed that in the future we would only meet for professional purposes, or if we were drunk and felt like having emotionally destructive sex."

This faux tome (also read by the authors on audiocassette) is a meeting of the minds for professional purposes. But again, don't be fooled by what these wily authors say! The intriguing chapters referred to in the opening pages--"Why Can't I Sleep Around and Still Love You?"; "How to Fake an Orgasm to Show Your Love, or The Art of the Squeal"; "Negotiating with God for What You Want--and Getting It!"; "Pros and (Very Few) Cons of a Third Party in the Bedroom"--*these chapters do not in fact exist!* What does exist is a dog's breakfast of jokes from a pair of clowns. Read it and weep, but heed it at your peril. --*Tim Appelo*

From Publishers Weekly Television-bred celebrities as humor authorsAthe likes of Paul Reiser and Drew CareyAhave used spoken audio as a means to help establish their literary audiences. Books on tape offer a natural conduit for such actors' messages, better, often, than the print versions. Stiller and Garofalo, both young, sophisticated and genuinely funny film actors, go a step further, parodying one of audio's nonfiction staples: self-help tapes. They start with dry disclaimers, stating that they are celebrities and so know nothing of psychology, then describe calls from their agents asking them to record "a funny audiobook about relationships." Taking the classic he-said/she-said format, the two trade off with first-person vignettes that tell a modern love story, with all its "mistakes." Stiller tells of going home with Garofalo to meet "her people" in Nutley, N.J. She counters with descriptions of his goofy behavior once there. The humor is deadpan, with a bitingly sarcastic undercurrent. There is good chemistry between the pair, lending to a sense of playfulness and spontaneity often absent from audio programs. Stiller and Garofalo know their audience wellAand just how to play them. Based on the 1999 Ballantine hardcover. Also available on CD. (May)

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