

[PDF] I Promise Not To Suffer: A Fool For Love Hikes The Pacific Crest Trail

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Author:

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Description:

Review Of the many books that I have read about hiking the Pacific Crest Trail, none have captured the trail experience from so many different perspectives. Single hikers, couples, and those who stay behind will all enjoy Gail Storey's account of the challenges, the beauty, and the PCT community found along the way."---Liz Bergeron, Executive Director and CEO, Pacific Crest Trail Association.

At times wrenching memoir, at times hilarious, I Promise Not to Suffer pulls no punches and has a wicked sense of fun. Storey reminds me again of what is possible with a big imagination, a dose of scrappy courage, and a lot of love. ---Peter Heller, author of The Dog Stars and Kook

Some have called Gail Storey the Nora Ephron of the wilderness. With her own unique wit, Storey shares Ephron's commitment to creating and tending a long, nourishing marriage. *I Promise Not to Suffer* is a portrait of a union that does not fray or break under pressure but is forged, toughened, and tenderized. --Sara Davidson, author of *Leap!*, *Loose Change*, and *The December Project*

Witty, wise, and full of heart, Gail Storey's winning memoir of her hike on the Pacific Crest Trail at the age of fifty-six is a book for every one who ever dreamed of taking the road less traveled. *I Promise Not to Suffer* is as inspiring as it is hilarious, as poignant as it is smart. It's one of those oh-please-don't-let-it-end books. I'd carry it in my backpack anywhere --Cheryl Strayed, author of *Wild*

About the Author Gail D. Storey is the author of *I Promise Not to Suffer: A Fool for Love Hikes the Pacific Crest Trail*, Winner of the Barbara Savage Award from The Mountaineers Books (2013). Her first novel, *The Lord's Motel* (Persea Books, NY), was praised by the New York Times Book Review as "a tale of unwise judgments and wise humor." Her second novel, *God's Country Club* (Persea Books, NY) was a Barnes & Noble Discover Great New Writers Selection. She has won many awards, and her fiction, nonfiction, and poetry have been published in numerous magazines. Her literary papers are archived in the University of Houston Libraries Special Collections. Formerly administrative director of the University of Houston Creative Writing Program, she is now a hoopdancer and comic performance artist. She is married to Porter Storey, MD FACP FAAHPM, a national leader in hospice and palliative medicine. Together they bicycled on their tandem from Maine to San Diego, and now live in Boulder, Colorado.

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