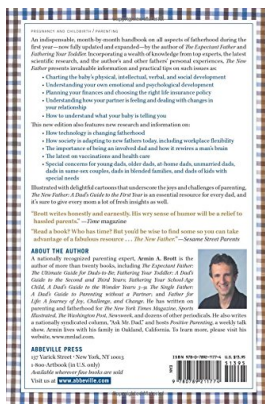


# [PDF] The New Father: A Dad's Guide To The First Year (New Father Series)

Armin A. Brott - pdf download free book



## Books Details:

Title: The New Father: A Dad's Guide

Author: Armin A. Brott

Released:

Language:

Pages: 336

ISBN: 0789211777

ISBN13: 9780789211774

ASIN: 0789211777

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## Description:

An indispensable handbook on all aspects of fatherhood during the first 12 months, by the author of *The Expectant Father*.

The essential handbook for all things first-year father is now fully updated and revised. Not only will new dads get a month-by-month guide to their baby's development, men reading *The New Father*

will learn how they change, grow, and develop over the first twelve months of fatherhood.

In each chapter, Brott focuses on What's Going On with the Baby; What You're Going Through; What's Going On with Your Partner; You and Your Baby; Family Matters; and more. The latest research, as well as time-honored wisdom--and humor, thanks to New Yorker cartoons and Brott's light touch--make *The New Father* indispensable for the modern father who doesn't want to miss a moment of his child's first year.

What's new?

- How technology is changing fatherhood
- Changing definitions of fatherhood
- Changes in the way society deals with dads□from changing tables in public men's rooms to workplace flexibility
- Research proving that a father's love is just as important as a mother's
- How being an involved dad rewires a man's brain
- How changes in women's roles in the family affect dads and their roles
- Special concerns for: young dads, older dads, at-home dads, unmarried dads, dads in same-sex couples, dads in blended families, dads of kids with special needs, and men who became dads with the help of technology
- The special impact dads have on girls and boys
- Specific strategies dads can use to get□and stay□involved in their children's lives
- Updated resources for new fathers

Not to mention new research and information on:

- How to understand what your baby is telling you
  - Babies' amazing abilities
  - Baby massage--they love it!
  - The latest on vaccinations and healthcare
  - And much, much more
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